



Day 1

Time	Topic
9:00 to 10:45	Introduction <ul style="list-style-type: none">- Introductions- What is cerebral palsy (CP)?- Manual Ability Classification System (MACS)- What is functional hand use?
10:45 to 11:00	BREAK
11:00 to 12:15	Brain plasticity <ul style="list-style-type: none">- Mirror movements and impact on bimanual performance.- Plasticity and impact on the timing/choice of intervention.
12:15 to 12:30	QUESTIONS

Day 2

Time	Topic
9:00 to 10:30	Constraint-induced movement therapy (CIMT) <ul style="list-style-type: none">- Development, theory and current evidence.- What model and how can CIMT be implemented in clinical practice?
10:30 to 10:45	BREAK
10:45 to 12:00	<ul style="list-style-type: none">- What model and how can CIMT be implemented in clinical practice (continued)?- Limitations of CIMT.
12:00 to 12:30	QUESTIONS

Day 3

Time	Topic
9:00 to 10:15	Motor planning <ul style="list-style-type: none">- Evidence and impact of motor planning impairment. Bimanual upper limb therapy <ul style="list-style-type: none">- Understanding bimanual hand function in unilateral CP.- Theory and evidence.
10:15 to 10:30	BREAK
10:30 to 11:30	Bimanual upper limb therapy (continued) <ul style="list-style-type: none">- Implementation and examples of strategies in practice.- One hand or two? What should we consider?
11:30 to 11:45	BREAK
11:45 to 12:30	Behaviour management <ul style="list-style-type: none">- What is behaviour and why is it important?- Typical behaviours in children with unilateral CP. How can these be managed?

Day 4

Time	Topic
9:00 to 10:15	Cognitive-motor theory, motor skill acquisition and goal directed training <ul style="list-style-type: none">- Theory and evidence.

	- How can goal directed training be implemented in clinical practice?
10:15 to 10:30	BREAK
10:30 to 11:15	Home programs and implementation - Home programs. Evidence. What, why and how. - Implementation of evidence-based upper limb intervention.
11:15 to 11:30	BREAK
11:30 to 12:45	Upper limb assessment - How and what do I choose? - What am I trying to change? Conclusion and open discussion
12:45 to 1:00	QUESTIONS AND COURSE CONCLUSION