



CP Teaching

## Botulinum toxin-A as an Adjunct to Paediatric Upper Extremity Rehabilitation

Evidence-based treatment for children with cerebral palsy

### Session 1

Time	Topic
9:00 to 10:45	<b>Introduction and patient selection</b> <ul style="list-style-type: none"><li>- Introduction</li><li>- What is Botulinum toxin-A (BoNT-A)?</li><li>- How does BoNT-A work? Mechanism and administration.</li><li>- Evidence review and safety.</li><li>- Upper limb contracture development in children with CP.</li></ul>
10:45 to 11:00	BREAK
11:00 to 12:30	<b>Patient selection and assessment</b> <ul style="list-style-type: none"><li>- Concepts and definitions for muscle overactivity</li><li>- Assessment for upper limb injection of BoNT-A</li><li>- What children, when? Function versus symptom management</li></ul>
12:30 to 1:00	QUESTIONS

### Session 2

Time	Topic
9:00 to 10:30	<b>Upper limb anatomy</b> <ul style="list-style-type: none"><li>- Applied upper limb anatomy.</li><li>- What muscle? Why? When?</li></ul>
10:30 to 10:45	BREAK
10:45 to 12:15	<b>Other upper limb impairment interventions</b> <ul style="list-style-type: none"><li>- Static night thermoplastic wrist/hand orthoses.</li><li>- Dynamic splinting</li><li>- Casting</li><li>- Functional Electrical Stimulation (FES)</li></ul>
12:15 to 12:30	QUESTIONS