



## Day 1

Time	Topic
9:00 to 11:15	<b>Introduction</b> <ul style="list-style-type: none"><li>- Introductions</li><li>- What is cerebral palsy (CP)?</li><li>- Manual Ability Classification System (MACS)</li><li>- What is functional hand use?</li></ul>
11:15 to 11:30	BREAK
11:30 to 12:45	<b>Brain plasticity</b> <ul style="list-style-type: none"><li>- Mirror movements and impact on bimanual performance.</li><li>- Plasticity and impact on the timing/choice of intervention.</li></ul>
12:45 to 1:00	QUESTIONS

## Day 2

Time	Topic
9:00 to 10:30	<b>Constraint-induced movement therapy (CIMT)</b> <ul style="list-style-type: none"><li>- Development, theory and current evidence.</li><li>- What model and how can CIMT be implemented in clinical practice?</li></ul>
10:30 to 10:45	BREAK
10:45 to 12:00	<ul style="list-style-type: none"><li>- What model and how can CIMT be implemented in clinical practice (continued)?</li><li>- Limitations of CIMT.</li></ul>
12:00 to 12:30	QUESTIONS

## Day 3

Time	Topic
9:00 to 10:15	<b>Motor planning</b> <ul style="list-style-type: none"><li>- Evidence and impact of motor planning impairment.</li></ul> <b>Bimanual upper limb therapy</b> <ul style="list-style-type: none"><li>- Understanding bimanual hand function in unilateral CP.</li><li>- Theory and evidence.</li></ul>
10:15 to 10:30	BREAK
10:30 to 11:30	<b>Bimanual upper limb therapy (continued)</b> <ul style="list-style-type: none"><li>- Implementation and examples of strategies in practice.</li><li>- One hand or two? What should we consider?</li></ul>
11:30 to 11:45	BREAK
11:45 to 1:00	<b>Behaviour management</b> <ul style="list-style-type: none"><li>- What is behaviour and why is it important?</li><li>- Typical behaviours in children with unilateral CP. How can these be managed?</li></ul>

## Day 4

Time	Topic
9:00 to 10:15	<b>Cognitive-motor theory, motor skill acquisition and goal directed training</b> <ul style="list-style-type: none"><li>- Theory and evidence.</li></ul>

	- How can goal directed training be implemented in clinical practice?
10:15 to 10:30	BREAK
10:30 to 11:15	<b>Home programs and implementation</b> - Home programs. Evidence. What, why and how. - Implementation of evidence-based upper limb intervention.
11:15 to 11:30	BREAK
11:30 to 12:45	<b>Upper limb assessment</b> - How and what do I choose? - What am I trying to change? <b>Conclusion and open discussion</b>
12:45 to <b>1:00</b>	QUESTIONS AND COURSE CONCLUSION