

Day 1

Time	Topic
8:00 to 10:15	Introduction - Introductions - What is cerebral palsy (CP)? - Manual Ability Classification System (MACS) - What is functional hand use?
10:15 to 10:30	BREAK
10:30 to 11:45	Brain plasticity - Mirror movements and impact on bimanual performance. - Plasticity and impact on the timing/choice of therapy.
11:45 to 12:00	QUESTIONS

Day 2

Time	Topic
8:00 to 9:30	Constraint-induced movement therapy (CIMT) - Development, theory, and current evidence. - What approach and implementation in clinical practice?
9:30 to 9:45	BREAK
9:45 to 11:00	- What approach and implementation in clinical practice? (continued)? - Limitations of CIMT.
11:00 to 11:30	QUESTIONS

Day 3

Time	Topic
8:00 to 9:25	Motor planning - Evidence and impact of motor planning impairment. Bimanual therapy - Theory and evidence.
9:25 to 9:40	BREAK
9:40 to 10:45	- Implementation and examples of strategies in practice. - One hand or two? How do we decide?
10:45 to 11:00	BREAK
11:00 to 12:00	Promoting positive behaviour - What is behaviour and why is it important? - Supporting families and promoting positive behaviour.

Day 4

Time	Topic
8:00 to 9:30	Cognitive-motor theory, skill acquisition & goal directed training - Theory and evidence. - Implemented goal directed training in clinical practice.
9:30 to 9:45	BREAK
9:45 to 10:45	Home programs and implementation - Evidence. What, why and how. - Implementation of evidence-based upper limb intervention.

10:45 to 11:00	BREAK
11:00 to 11:50	Upper limb assessment - What assessment and why? What am I trying to change? Conclusion and open discussion
11:50 to 12:00	QUESTIONS AND COURSE CONCLUSION